Our mission is to assist the bereaved as they move through the grief processes by providing support groups, education and training, consultation, bereavement counseling, and crisis response to the bereaved and those who work with them.

MONTHLY AND SIX WEEK SUPPORT GROUPS
• Groups for adults, children and teens at various community locations
• Death of a child
• Spousal loss
• Orphaned adults
• Older adults
• School or work related deaths

GRIEF COUNSELING
• Loss due to death
• Anticipatory grief
• Individual counseling for adults, children and teens

COMMUNITY PROGRAMS
• Holiday and family programs
• Memorial service
• Education series
• Children’s camps

PROFESSIONAL SUPPORT
• Consultation
• Resource and referral
• Training and workshops
• Student placements

SCHOOL OUTREACH
• Grief support for students, staff and parents
• On-site crisis response
• On-site student groups
• Staff consultation and training
• Classroom presentations and interventions
• Parent and student education
• Wellness and life skills

WORKPLACE SERVICES
• Management training
• Consultation
• On-site crisis response
• Employee education

CRISIS RESPONSE
• Local deaths and tragic events
• Pre-incident education
• Defusings and debriefings
• On-site support

WELLNESS PROGRAMS
• Masotherapy
• Expressive Therapies
• Yoga

For more information or to enroll, call 216.486.6838